

## **COMMUNITY ACTIVITIES / DAY PROGRAMS**

## **ABOUT DARE**

We are an NDIS service provider that enables people with disabilities to achieve what they want from life whether at home, work or in the community.

DARE has been supporting people with disability in the Blue Mountains and beyond since 1961.



Once we have clarified your support

needs, we will then provide you with a budget of how much your supports, fees and transport will cost. Before you start with us, we will need to find out a little more about you. How we can best support you, your

medical, dietary and personal care all needs to be discussed. Your coordinator will ask you or your support person questions about what things you like to do and how we can support you to be your best and to reach your goals.



CHOOSING ACTIVITIES THAT EXCITE YOU...

> Personal Development Health & Fitness Life Skills Creative Activities 1:1 Support Available

If you require an activity that is not here please let us know.





Our day programs start at 8am and finish at 3pm.

We also have our own DARE transport so we can assist with the pickup and drop off to your home.

We hope to see you soon!





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